



MOUNT EVERETT REGIONAL SCHOOL

491 Berkshire School Road
Sheffield, MA 01257
413-229-8734



Jesse B. Carpenter, Principal

Douglas Daponde, Vice Principal

Dear Parent(s)/Guardian(s):

Your son/daughter may be participating in health instruction this year. Health class will include units on reproductive health. The information that will be covered includes:

Wellness 6, 7 and 8

1. Reproductive anatomy and physiology
2. Protection methods including abstinence and disease prevention
3. Physical, emotional, and social changes associated with puberty
4. Relationships, communication, and refusal skills
5. Sexual identity, orientation, and being an ALLY
6. Goal setting and decision making

Wellness I

1. Healthy relationships and decision making
2. Reproductive anatomy and physiology
3. Protection methods and disease prevention

While presenting all information, the health teacher will be encouraging students to discuss this information with you. Under Massachusetts General Laws, Chapter 71, Section 32, you have the right to exempt your child from the above described instruction. If you would like your son or daughter to be excused from class during these lessons, please mail the bottom portion of this letter to me. An alternative assignment will be given to exempt students. If you would like to discuss this matter, please feel free to call our Wellness Department and speak to Joe McSpirtt, at 229-8734, ext. 140, Josh King at ext. 357, or Jesse Carpenter at ext. 101 at any time.

Sincerely,

Jesse Carpenter, Principal
Josh King, Wellness Department
Joe McSpirtt, Wellness Department

I hereby request that my son/daughter _____ be exempted from the health unit.

Parent Signature

Date