PLEASE POST

Southern Berkshire Regional School District

SCHOOL COMMITTEE MEETING #1,551

DATE/TIME: Thursday, September 13, 2018
Open Meeting: 6 p.m.
LOCATION: Mount Everett Regional School Library, 491 Berkshire School Rd, Sheffield, MA

All interested members of the public are invited to attend
[*The listing of matters is those reasonably anticipated by the Chairman, which may be discussed at the meeting. Not all items listed may in fact be discussed and other items not listed may also be brought up for discussion, to the extent permitted by law.*]

1. **Call To Order**
2. **Standing Reports**
   a. Approval of Minutes of School Committee Meeting #1550 (May not be ready)
   b. Enrollment
   c. Miscellaneous Correspondence
3. Student Representative Report
4. Student Spotlight
5. Public Comment
6. **New Business**
   a. Approval of Overnight Hiking Field Trip "Hiking & Environment Class"-Pat Barrett
      - September 30 – October 2, 2018 - Grange Hall Road to Tyringham Main Road (25.1 miles)
      - October 14-15, 2018 - Jerusalem Road, Tyringham to Benedict Pond Parking Lot
      - November 4-7, 2018 - Cheshire Harbor Trail to Pittsfield Road
   b. Approval of Memorandum of Understanding, Unit A, *Janus v. Am. Fed'n of State, Cty., & Mun. Employees, Council 31, 138S. Ct. 2448 (2018)* - Vote Required
   c. Ratification of Unit A Contract September 1, 2018 - August 31, 2021 – Vote Required
   d. Approval of Lateral Movements on the Unit A Salary Schedule, Effective September 1, 2018
   e. Award of MFSAB Vehicles Bid
   f. Award to ECI Systems for Security Work (Access and Video) from State Contract FAC64
   g. Conflict of school committee meeting dates with events:
      - May 16th – Spring Concert
      - June 6th – Grade 3-6 Chorus and Band Concert
7. **Unfinished Business**
   - Parent/Student Handbook
   - Staff Handbook
8. **Business with District Member Towns**
   a. Motion to Approve Letter to Monterey Select Board (Draft Attached)
   b. Status Regarding South Egremont School
9. **Subcommittee Reports**
   a. Building, Grounds & Technology Subcommittee – Art Batacchi
   b. Finance Subcommittee – Dennis Sears
   c. SBEF – Dennis Sears
10. **Chairman's Report**
11. **Superintendent's Report**
12. **Curriculum & Professional Development Coordinator's Report**
13. **Director of Student Services Report**

14. **Business Manager's Report**
    a. Approval of Warrants: August 24, 2018 and September 7, 2018
    b. Vote to Accept Grants & Gifts
    c. Budget Transfers
15. **Future Agenda Items**
16. **Executive Session:**
    Motion to enter executive session to discuss strategy with respect to collective bargaining and not to reconvene in Open Session. Roll Call Vote Required.
17. **Adjourn**

Next School Committee Meetings:

October 4, 2018	*October 25, 2018*	*November 15, 2018*
December 13, 2018	*January 10, 2019*	*January 31, 2019*
February 14, 2019	*March 7, 2019 (Open Hearing)*	*March 14, 2019 (Adoption FY 20 Budget)*
April 4, 2019	*April 25, 2019*	*May 16, 2019*
June 6, 2019	*June 27, 2019*	

Upcoming Events:

September 13, 2018	*6:30 p.m.*	*Middle School Open House, TACPAC*
September 15, 2018	*7:45-11:45 a.m.*	*Lee Founders Day Parade*
September 20, 2018	*6:00 – 8:00 p.m.*	*Undermountain Elem Parent Orientation-UME Gym*
September 24, 2018	*4:30-6:30 p.m.*	*SEPAC Meeting – Eagles Loft*
October 4, 2018	*3-6:30 p.m.*	*Middle School Conferences – Mt. Everett Gym*
	4:30-6:30 p.m.	*Gr 9-12 Conferences – Mt. Everett Gym*
October 16, 2018	*3:00-7:00 p.m.*	*Flu Clinic, Mt. Everett Cafeteria*
November 14, 2018	*6:00 – 7:30 p.m.*	*South Berkshire Kids Parent Workshop – UME Library*
December 2, 2018	*5:30-6:30 p.m.*	*Sheffield Tree Lighting – Old Parish Church*
December 11, 2018	*7:00-9:00 p.m.*	*High School Winter Concert TACPAC*
December 12, 2018	*6:30 – 7:30 p.m.*	*Grades 5/6 Winter Concert TACPAC*
December 18, 2018	*7:00-8:15 p.m.*	*Middle School Winter Concert TACPAC*
February 8, 2019	*6:30-9:00 p.m.*	*CABARET – Elementary Café*
February 9, 2019	*6:30-9:00 p.m.*	*CABARET – Elementary Café*
May 16, 2019	*7:00 – 9:00 p.m.*	*Grades 7-12 Spring Instrumental Concert TACPAC*
May 30, 2019	*6:00 – 8:00 p.m.*	*Gr 7-12 Music Banquet*
June 6, 2019	*6:00 – 7:30 p.m.*	*Gr 3-6 Chorus/Band - TACPAC*

Events are continuously added on the District Events Calendar. Please check the district website for updates.

All Approved Meeting Minutes of the SBRSD School Committee are posted on the District's website on the School Committee page.

PUBLIC COMMENT AT SCHOOL COMMITTEE MEETINGS

All regular and special meetings of the School Committee shall be open to the public. Executive sessions will be held only as prescribed by the Statutes of the Commonwealth of Massachusetts.
The School Committee desires citizens of the District to attend its meetings so that they may become better acquainted with the operations and the programs of our local public schools. In addition, the Committee would like the opportunity to hear the wishes and ideas of the public.
In order that all citizens who wish to be heard before the Committee have a chance and to ensure the ability of the Committee to conduct the District's business in an orderly manner, the following rules and procedures are adopted:

1. At the start of each regularly scheduled School Committee meeting, individuals or group representatives will be invited to address the Committee. The Chair shall determine the length of the public participation segment.

2. Speakers will be allowed three (3) minutes to present their material. The presiding Chair or a majority of the School Committee may permit extension of this time limit.

3. Topics for discussion must be limited to those items listed on the School Committee meeting agenda for that evening or requests for future agenda items.

4. Improper conduct and remarks will not be allowed. Defamatory or abusive remarks are always out of order. If a speaker persists in improper conduct or remarks, the Chair may terminate that individual's privilege of address.

5. All remarks will be addressed through the Chair of the meeting.

6. Speakers may offer objective comments or criticisms of the school operations and programs as concern them, but in public session the Committee will not hear personal complaints of school personnel nor against any member of the school community. Under most circumstances, administrative channels are the proper means for disposition of legitimate complaints involving staff members.

SOURCE: SBRSD Policy Subcommittee Meeting 7-12-2017
CROSS REFS: BEDB, Agenda Format
BEDH-E; Guidelines for Public Comment

GUIDELINES FOR PUBLIC COMMENT

A School Committee Meeting is a meeting of a government body at which members of the body deliberate over public business. We welcome the attendance of members of the school district community to view your School Committee as it conducts its regular business meeting.

Massachusetts General Laws Chapter 30A Section 20(f) governs public participation at open meetings covering all public bodies.

Chapter 30A:20 **[Notice, Remote Participation, Public Participation, Certification]**
(f) No person shall address a meeting of a public body without permission of the chair, and all persons shall, at the request of the chair, be silent. No person shall disrupt the proceedings of a meeting of a public body. If, after clear warning from the chair, a person continues to disrupt the proceedings, the chair may order the person to withdraw from the meeting and if the person does not withdraw, the chair may authorize a constable or other officer to remove the person from the meeting.

The School Committee believes that the school district community should have an opportunity to comment to the Committee on issues that affect the school district and are within the scope of the Committee's responsibilities. Therefore, the Committee has set aside a period of time at each School Committee meeting to hear from the public. In addition, if the Committee believes that an issue requires a dialogue with the school district community, the Committee may schedule a separate public hearing on that issue.

Any citizen who wishes to make a presentation to the School Committee on an item which is of interest to him/her and within the scope of the Committee's responsibilities may request to be placed on the agenda. Such request should be in writing and should be received by the Superintendent of Schools and School Committee Chair at least one week prior to the date of the meeting. Such request should contain background statements which would explain the scope and intent of the agenda item. The Chair of the Committee works with the Superintendent to formulate the meeting agendas. Together they will determine whether or not to place an item on the agenda and if the item is to be taken up they will also determine when to place an item on the agenda and all parameters to be required of the presenter. Brief oral requests for future agenda items may also be made during the public comment period at each School Committee meeting.

Here are the general rules for the Committee's public comment period:

1. Public Comment on the meeting's agenda items and/or requests for future agenda items shall be for a period of 20 minutes and shall generally follow the opening of the meeting. The Committee reserves the right to rearrange its agenda to accommodate scheduled presenters. The presiding Chair or a School Committee majority may permit extension of the time limit.

2. Any citizen wishing to speak before the Committee shall identify themselves by name and address and shall speak for no longer than 3 minutes. The Chair or a majority of the School Committee may permit extension of the speaker's time limit. No citizen may speak more than once without permission of the Chair or a majority of the School Committee. All citizens shall speak to the full Committee through the Chair and shall not address individual members or administrators.

3. Individuals may address topics on the agenda, items specified for public comment, or items within the scope of responsibility of the School Committee. The Chair shall rule out of order any individual who fails to honor the guidelines or who addresses a matter inappropriate for public comment.

4. Any Committee member may direct questions to the speaker through the Chair in order to clarify comments of the speaker.

SOURCE: SBRSD Policy Subcommittee Meeting July 12, 2017
CROSS REFS: BEDB, Agenda Format
BEDH, Public Comment at School Committee Meeting

ENROLLMENT 2017-2018

As of	8/1/2018	9/1/2018		10/2/2018		11/1/2018		12/1/2018		1/2/2019		2/1/2019		3/1/2019		4/1/2019		5/1/2019		######	
Undermountain																					
Pre-K	14	14																			
Early K	17	16	-1																		
Kindergarten	30	31	1																		
Grade 1	29	29																			
Grade 2	36	35	-1																		
Grade 3	43	42	-1																		
Grade 4	33	33																			
Grade 5	43	41	-2																		
Grade 6	58	55	-3																		
Total UME	**303**	**296**	-7																		
New Marlborough																					
Pre K	7	7																			
Early K	4	3	-1																		
Kindergarten	11	12	1																		
Grade 1	8	8																			
Grade 2	19	19																			
Grade 3	11	11																			
Grade 4	18	16	-2																		
Total NMC	**78**	**76**	-2																		
S. Egremont																					
Early K	6	10	4																		
Kindergarten	4	3	-1																		
Total S.Egremont	**10**	**13**	3																		
Total Elementary	**391**	**385**	-6																		
Mt Everett																					
Grade 7	43	45	2																		
Grade 8	65	63	-2																		
Grade 9	52	52																			
Grade 10	51	51																			
Grade 11	56	58	2																		
Grade 12	44	44																			
Total MSHS	**311**	**313**	2																		
Total all Schools	**702**	**698**	-4																		

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Pittsfield Public Schools

Administration Center *269 First Street*

Pittsfield, Massachusetts 01201

Chairperson
Katherine Yon
kyon@pittsfield.net

(413) 499-9512
FAX (413) 448-2643

Secretary
Cynthia Taylor
ctaylor@pittsfield.net

August 29, 2018

Carl Stewart, Chair
Southern Berkshire Regional School Committee
PO Box 339, 491 Berkshire School Road
Sheffield, MA 01257

Dear Mr. Stewart:

The Pittsfield School Committee approved the following resolutions at their August 15, 2018 meeting:

- that the Committee deplores the failure of the General Court, in approving an FY 2019 budget for the Commonwealth of Massachusetts, to revise the foundation budget funding for Massachusetts' public school districts;

- that the Committee recognizes only too well that the current and outdated foundation budget formula and resulting inadequate Chapter 70 funding is creating ever greater financial pressure on communities such as Pittsfield, thereby jeopardizing the quality and comprehensiveness of Pittsfield Public Schools' educational programming; therefore

- that the Committee urgently requests that the Berkshire County legislative delegation make constructive revision of the now-archaic foundation budget formula its top priority for FY 2020; and furthermore,

- that the Committee direct its Chairperson and Superintendent of Schools to see to it that a copy of this motion, accompanied by an explanatory letter, is sent to each member of the Berkshire County delegation to the General Court, to the Speaker of the Massachusetts House of Representatives and the President of the Massachusetts Senate, to the Chairpersons of the General Court's House and Senate Education Committees, to the Executive Director of the Massachusetts Association of School Committees, the Pittsfield City Council and to the chairperson of each Berkshire County School Committee, the last with a request that each School Committee adopt the resolution, as appropriately modified.

Also, I would like to request your email address for any future information the School Committee would like you to receive. My email address is: rblake@pittsfield.net. Thank you.

Sincerely,

Rosemarie A Blake

Rosemarie Blake, Recording Secretary
Pittsfield School Committee

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Pittsfield Public Schools

Administration Center *269 First Street*

Pittsfield, Massachusetts 01201

Chairperson
Katherine Yon
kyon@pittsfield.net

(413) 499-9512
FAX (413) 448-2643

Secretary
Cynthia Taylor
ctaylor@pittsfield.net

August 21, 2018

Carl Stewart, Chair
Southern Berkshire Regional School Committee
PO Box 339, 491 Berkshire School Road
Sheffield, MA 01257

Dear Mr. Stewart:

Because the Massachusetts State Legislature failed to pass legislation to reform the outdated Foundation Budget formula, the Pittsfield School Committee decided to take action. At its meeting held on August 15, 2018, the committee unanimously passed a number of resolutions.

We would encourage you to join us in making our deep concern over this legislative failure known to our legislative delegation and beyond. We believe that a united outcry from the Berkshires can be very powerful. Please feel free to use our work as a template if you would like.

Thank you for your consideration of this matter. We look forward to having your support on this very important issue.

Sincerely,

Katherine Yon

Katherine Yon, Chair
Pittsfield School Committee

6a.

Southern Berkshire Regional School District

OVERNIGHT FIELD TRIP

Teacher in Charge: Mr. Barrett/Ms. Raszl Principal: Glenn Devoti

Trip Location: Grange Hall Road to Tyringham Main Road Grade Level of Students: 8

Departure Date: 09/30/2018 Departure Time: ~~12:39~~ 2:30 A.M.

Return Date: 10/02/2018 Return Time: 2:30 P.M.

Purpose of Trip:

_____ Approach to a unit of work
_____ Enrichment experience related to curriculum framework
_____ Culminating activity to a unit
_____ Research for unit
_____ Enhancement of student learning in fine arts, world language
_____ Athletic event

Objectives of Trip: Man & His Environment is a class devoted to exposing students to nature, learning leadership skills and forming a bond with classmates. Students will develop skills that will allow them to ~~effective~~ effectively go on overnight hikes.

(Provide specific description of objectives and details.)

How will student learning be assessed? Students will be assessed through journal entries, participation in group activities and demonstrated leadership while leading a segement of the hike.

Description of Itinerary: Grange Hall Road to October Mountain Shelter 9.3 miles
Day 2 October Mountain Shelter to Upper Goose Pond Cabin 8.8 miles
Day 3 Upper Goose Pond Cabin to Tyringham Main Road 7.0

Overnight accommodations:

Facility: Patrick Barrett cell phone Phone # 413-429-1375

Address: _____

(O V E R)

SOUTHERN BERKSHIRE REGIONAL SCHOOL DISTRICT
FIELD TRIP PERMISSION FORM

Transportation: School Van

Meal Plan: Students will be assigned to groups for meal planning. They will bring their own food for the trip.

Funding Source Eagle Fund/Department/Donations

Overnight trips are asked to provide 1 chaperone for every 6 students.

Names & phone #'s of chaperones:	CORI
Patrick Barrett 413-429-1375	x
Michelle Raszl 917-767-0389	x

(Attach additional sheet of paper, if necessary)

Emergency Contact (SBRSD Administrator): Mr. Devoti

(Parents' names and phone numbers are to be provided to the emergency contact to be used in case of an emergency.)

Number of students attending: 8

Names of student participants (listing to be attached to this slip)

Principal's Approval: [signature] Date: 9/10/18

Superintendent's approval: [signature] Date: 9/11/18

Nurse's Approval: Jeanne Moran RN, BSN Date: 9-10-18

School Committee approval date: _____

Comments: _____

6a.

Southern Berkshire Regional School District

OVERNIGHT FIELD TRIP

Teacher in Charge: Mr. Barrett/Ms. Raszl Principal: Glenn Devoti

Trip Location: Grange Hall Road to Tyringham Main Road Grade Level of Students: 8

Departure Date: 10/14/2018 Departure Time: 8:30 A.M.

Return Date: 10/15/2018 Return Time: 8:15 A.M.

Purpose of Trip:

_____ Approach to a unit of work
_____ Enrichment experience related to curriculum framework
_____ Culminating activity to a unit
_____ Research for unit
_____ Enhancement of student learning in fine arts, world language
_____ Athletic event

Objectives of Trip: Man & His Environment is a class devoted to exposing students to nature, learning leadership skills and forming a bond with classmates. Students will develop skills that will allow them to ~~effective~~ effectively go on overnight hikes.

(Provide specific description of objectives and details.)

How will student learning be assessed? Students will be assessed through journal entries, participation in group activities and demonstrated leadership while leading a segement of the hike.

Description of Itinerary: Jerusalem Road Tryingham to Mount Wilcox South Shelter 7.9 miles

Day 2 Mount Wilcox South Shelter to Benedict Pond Parking Lot 1.55

Overnight accommodations:

Facility: Patrick Barrett cell phone Phone # 413-429-1375

Address: _____

(O V E R)

SOUTHERN BERKSHIRE REGIONAL SCHOOL DISTRICT
FIELD TRIP PERMISSION FORM

Transportation: School Van

Meal Plan: Students will be assigned to groups for meal planning. They will bring their own food for the trip.

Funding Source Eagle Fund/Department/Donations

Overnight trips are asked to provide 1 chaperone for every 6 students.

Names & phone #'s of chaperones:	CORI
Patrick Barrett 413-429-1375	x
Michelle Raszl 917-767-0389	x

(Attach additional sheet of paper, if necessary)

Emergency Contact (SBRSD Administrator): Mr. Devoti

(Parents' names and phone numbers are to be provided to the emergency contact to be used in case of an emergency.)

Number of students attending: 8

Names of student participants (listing to be attached to this slip)

Principal's Approval: [signature] Date: 9/10/18

Superintendent's approval: [signature] Date: 9/11/18

Nurse's Approval: Jeanne Moran RN, BSN Date: 9-10-1

School Committee approval date: _____

Comments: _____

MOUNT EVERETT
OVERNIGHT FIELD TRIP PERMISSION SLIP

Date of Field Trip 10/14-10-15/2018 Destination Jerusalem Road Tyringham to Benedict Pond Parking Lot

Address/Phone # _____

Sponsor of Field Trip Mr. Barrett's Hiking Class

Department/Class/Group Social Studies Department/Hiking Class

Method of transportation School Van Cost of trip $0.00

Time of departure 8:30 A.M. Time of return 8:15 A.M.

Upon arrival students may be picked up at Return to finish school day

Overnight field trips require a phone tree. If trip is to arrive much before or after estimated time, WSBS will be contacted to announce the new arrival time and phone tree will be activated

Student's name: _____ has my permission to participate in the Hiking field trip on 10/14-10-15-/2018.
I am aware of the details listed above.

_____ _____
Date Parent's/Guardian's Signature

Return this slip to Mr. Barrett By 10/11/18

Does your son/daughter have an allergy/medical condition that we should be aware of? Please explain _____

Will your child need medication with him/her for this condition? Yes _____ No _____

If yes, please contact Mrs. Moran, RN, at 229-8734 ext 111. A written medication order must be obtained from physician along with written permission from a parent for ANY MEDICATION to be given.

Overnight field trips: A copy of student's insurance card must be accompany this permission slip.

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FIELD TRIP CHECKLIST

X_____ Principal approval (6 weeks in advance)

X_____ Superintendent approval (6 weeks in advance)

X_____ School Committee approval (4 weeks in advance)

X_____ Parents' permission slips (including date, time, place, transportation, dress info)

_____ Approved date from master calendar coordinator

_____ Submit bus request to Buisiness Office for all but charter buses (charter buses can be arranged by the teacher)

_____ Order bag lunches in advance (3 weeks notice)

X_____ Collect permission slips

X_____ Create participant list for attendance purposes

X_____ Copy list and leave permission slips in main office

X_____ Secure chaperones (1 chaperone to 6 students)

X_____ Provide chaperones

6a.

Southern Berkshire Regional School District

OVERNIGHT FIELD TRIP

Teacher in Charge: Mr. Barrett/Ms. Raszl Principal: Glenn Devoti

Trip Location: Cheshire Harbor Trail to Pittsfield Road Grade Level of Students: 8

Departure Date: 11/04/2018 Departure Time: 9:30 A.M.

Return Date: 11/07/2018 Return Time: 12:30 P.M.

Purpose of Trip:

_____ Approach to a unit of work
_____ Enrichment experience related to curriculum framework
_____ Culminating activity to a unit
_____ Research for unit
_____ Enhancement of student learning in fine arts, world language
_____ Athletic event

Objectives of Trip: Man & His Environment is a class devoted to exposing students to nature, learning leadership skills and forming a bond with classmates. Students will develop skills that will allow them to effective go on overnight hikes.

(Provide specific description of objectives and details.)

How will student learning be assessed? Students will be assessed through journal entries, participation in group activities and demonstrated leadership while leading a segement of the hike.

Description of Itinerary: Cheshire Harbor Trail to Mark Noepel Shelter 6.4 miles Day 2 Mark Noepel Shelter to Crystal Mountain Campsite 9.0 Day 3 4 Crystal Campsite to Kay Wood Shelter 7.7 miles Day Day 4 Kay Wood Shelter to Pittsfield Road 6.6 miles

Overnight accommodations:

Facility: Patrick Barrett cell phone Phone # 413-429-1375

Address: _____

(O V E R)

SOUTHERN BERKSHIRE REGIONAL SCHOOL DISTRICT
FIELD TRIP PERMISSION FORM

Transportation: School Van

Meal Plan: Students will be assigned to groups for meal planning.
They will bring their own food for the trip.

Funding Source Eagle Fund/Department/Donations

Overnight trips are asked to provide 1 chaperone for every 6 students.

Names & phone #'s of chaperones:	CORI
Patrick Barrett 413-429-1375	
Michelle Raszl 917-767-0389	

(Attach additional sheet of paper, if necessary)

Emergency Contact (SBRSD Administrator): Mr. Devoti

(Parents' names and phone numbers are to be provided to the emergency contact to be used in case of an emergency.)

Number of students attending: 8

Names of student participants (listing to be attached to this slip)

Principal's Approval: [signature] Date: 9/10/18

Superintendent's approval: [signature] Date: 9/11/18

Nurse's Approval: Jeanne Morah RN, BSN Date: 9-10-18

School Committee approval date: _____

Comments: _____

MOUNT EVERETT
OVERNIGHT FIELD TRIP PERMISSION SLIP

Date of Field Trip 11/04-07/2018 Destination Cheshire Harbor Trail to Pittsfield Road

Address/Phone # _____

Sponsor of Field Trip Mr. Barrett's Hiking Class

Department/Class/Group Social Studies Department/Hiking Class

Method of transportation School Van Cost of trip $0.00

Time of departure 9:30 A.M. Time of return 12:30 P.M.

Upon arrival students may be picked up at Return to finish school day

Overnight field trips require a phone tree. If trip is to arrive much before or after estimated time, WSBS will be contacted to announce the new arrival time and phone tree will be activated

Student's name: _____ has my permission to participate in the Hiking field trip on 11/04-07-2018.
I am aware of the details listed above.

_____ _____
Date Parent's/Guardian's Signature

Return this slip to Mr. Barrett By 11/02/18

Does your son/daughter have an allergy/medical condition that we should be aware of? Please explain _____

Will your child need medication with him/her for this condition? Yes _____ No _____

If yes, please contact Mrs. Moran, RN, at 229-8734 ext 111. A written medication order must be obtained from physician along with written permission from a parent for ANY MEDICATION to be given.

Overnight field trips: A copy of student's insurance card must be accompany this permission slip.

FIELD TRIP CHECKLIST

X_____ Principal approval (6 weeks in advance)

X_____ Superintendent approval (6 weeks in advance)

X_____ School Committee approval (4 weeks in advance)

X_____ Parents' permission slips (including date, time, place, transportation, dress info)

_____ Approved date from master calendar coordinator

_____ Submit bus request to Buisiness Office for all but charter buses (charter buses can be arranged by the teacher)

_____ Order bag lunches in advance (3 weeks notice)

X_____ Collect permission slips

X_____ Create participant list for attendance purposes

X_____ Copy list and leave permission slips in main office

X_____ Secure chaperones (1 chaperone to 6 students)

X_____ Provide chaperones

6a.

Hiking Itinerary

Three Day Hike Schedule

Hiking from South to North!

9/30/18 Grange Hall Road to October Mountain Shelter 9.3

10/1/18 October Mountain Shelter to Upper Goose Pond Cabin 8.8 + (.5)

10/2/18 Upper Goose Pond Cabin to Tyringham Main Road 7.0

Total miles **25.1**

One Day Overnight Hike Schedule

Hiking from North to South

10/14/18 Jerusalem Road Tyringham to Mount Wilcox South Shelter 7.9

10/15/18 Mount Wilcox South Shelter to Benedict Pond Parking Lot 1.55

Total Miles 9.45

Four Day Hike Schedule

Hiking from North to South!

11/04/18 Cheshire Harbor Trail to Mark Noepel Shelter 6.4

11/05/18 Mark Noepel Shelter to Crystal Mountain Campsite 9.0

11/06/18 Crystal Mountain Campsite to Kay Wood Shelter 7.7

11/07/18 Kay Wood Shelter to Pittsfield Road 6.6

Total Miles **29.7**

6a.

http://www.mass.gov/eea/docs/dcr/parks/trails/appalachian.pdf

88.7 End mileage at Vermont Border
87.4 East Mountain:
87.4 Pine Cobble Trail: P
Pine Cobble: (.5m)
86.4 Sherman Brook:
Pete's Spring
84.6 Greylock Community Club, U.S. 2: P
83.7 Pattison Rd. P

81.8 Mt. Prospect:
81.6 Wilbur Clearing: S (3m)
80.6 Mt. Williams: (3m)

78.2 Mt. Greylock: P
77.6 Hopper Trail to Sperry Campground: (1.5m) P
76.0 Saddle Ball Mountain:
75.0 Mark Noepel: S

69.8 Ashuwillticook Rail Trail: P

68.6 Cheshire Cobbles:

66.6 Gore Pond

65.7 Crystal Mountain:

61.9 Gulf Road: P

59.0 Kay Wood: S

56.3 Warner Hill:

55.6 Blotz Road: P

52.4 Pittsfield Road: P

50.2 October Mountain: S

46.0 Finnerty Pond:

43.0 U.S. 20: P

41.4 Upper Goose Pond: (.5m)

33.0 Tyringham Cobble:
31.5 Shaker:

27.4 Mt. Wilcox, N: S
25.6 Mt. Wilcox, S: S
24.4 Bennedict Pond: P

22.3 Rte. 23: P

21.5 Lake Buel Road: P

20.4 Tom Leonard: S
17.8 East Mtn. Cliffs:
16.9 Holmes Road: P
14.0 Rte. 7
12.2 S. Egremont Road: P
9.5 Jug End Road: P
8.4 Jug End:
6.1 Glenn Brook: S
6.0 The Hemlocks: S
4.9 Mt. Everett:
4.2 Race Bk Falls Trail: (.4m)
3.1 Mt. Race:
1.4 Laurel Ridge
0.0 Sages Ravine:
Start mileage at Connecticut Border

For information on:

Outdoor recreation in MA
Write to:
DCR Regional Headquarters
Box 1433, Pittsfield, MA 01202
or visit mass.gov/dcr

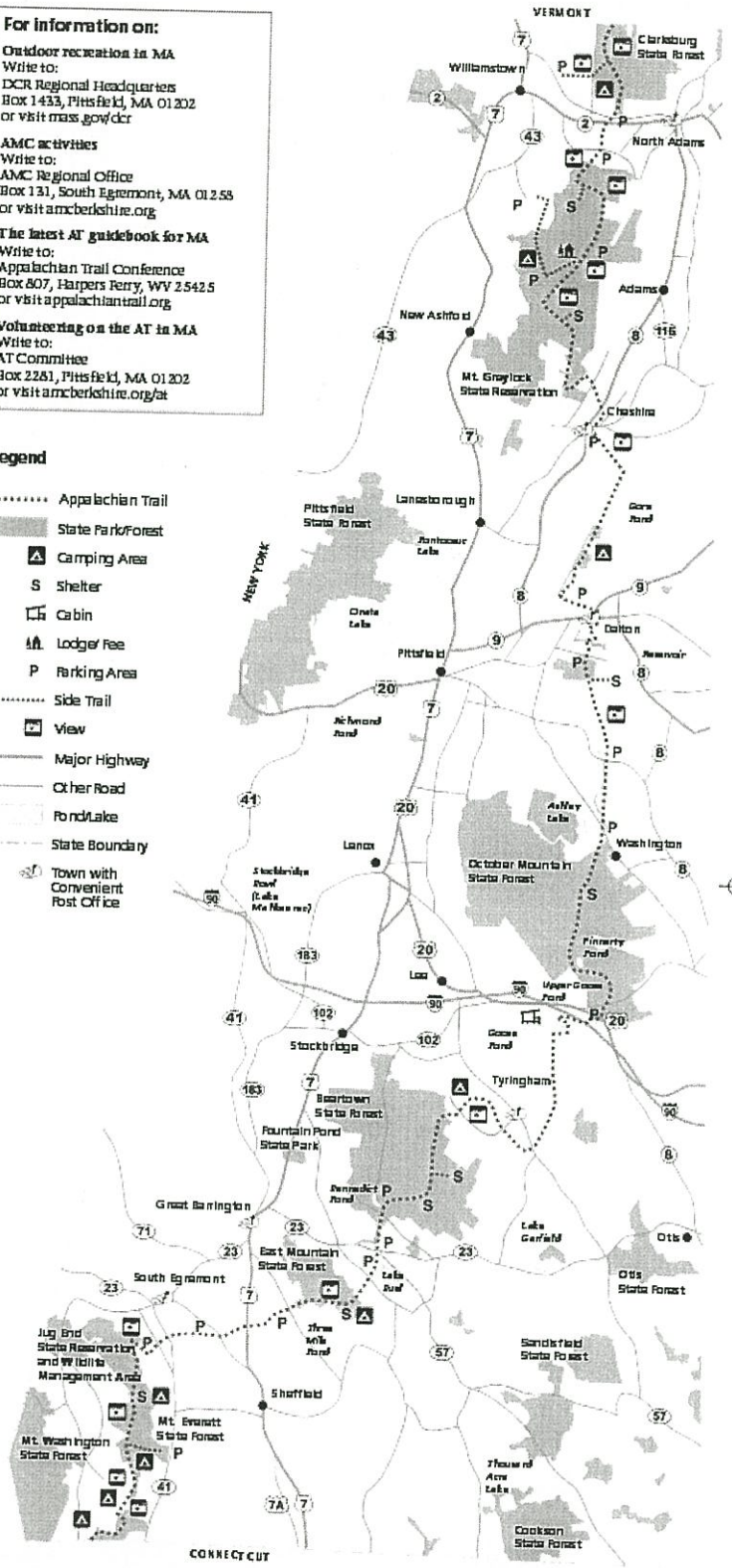
AMC activities
Write to:
AMC Regional Office
Box 131, South Egremont, MA 01258
or visit amcberkshire.org

The latest AT guidebook for MA
Write to:
Appalachian Trail Conference
Box 807, Harpers Ferry, WV 25425
or visit appalachiantrail.org

Volunteering on the AT in MA
Write to:
AT Committee
Box 2281, Pittsfield, MA 01202
or visit amcberkshire.org/at

Legend

- Appalachian Trail
- State Park/Forest
- Camping Area
- S Shelter
- Cabin
- Lodge/Fee
- P Parking Area
- Side Trail
- View
- Major Highway
- Other Road
- Pond/Lake
- State Boundary
- Town with Convenient Post Office



Appalachian Trail
in massachusetts

- A sleeping bag of appropriate warmth for the season
- Personal care items (deodorant, toothbrush, toothpaste, face wipes or small cloth for washing)
- Additional food and clothing
    - Thermal under clothes for sleeping in
    - Extra socks & undergarments
    - Shirt/pants
    - Insulated layer for camp in the evening (like a down jacket or vest)
- 50 feet of rope or cord to hang your food at night
- Water filter or another method of treating water

- Avoid canned foods or foods high in water weight.
- 1.5 to 2 pounds per day is adequate in most circumstances if your food is high in calories.
- In cold weather, when you need more calories to stay warm. Carry 2.5 pounds per day.
- In winter or early spring, carry enough food for an extra day or two in case you are stranded by a snowstorm.
- Many lightweight backpacking staples can be purchased at a grocery store. You need not rely on expensive, prepared "backpacking food" sold at camping stores, although these products can offer convenience and variety.

School will provide the cooking stoves, fuel, and pans. Students will need to bring a plate (can be as simple as a pie plate), mug, and eating utensils.

Students have been planning meals in their "tenting groups". Pasta is available to all students upon request as a staple. Each group has been asked to plan communal meals appropriate for the trail and have each group member contribute items.

Additional Ideas:

- Oatmeal is a classic king of the trail - it's generally OK for anyone not carb-averse, easy to prepare, and lightweight. For best results, put individual servings into baggies. Add desired amount of sugar, cinnamon etc. to each bag. Same goes for instant hot cereals, mashed potatoes, rice and other inexpensive dehydrated foods like couscous, instant grits, Chinese noodles, hash browns, refried beans, and chili. Visit your local food co-op or health store and browse in their bulk section for a good selection - you can buy as much or as little as you want.
- Make your own trail mix (aka GORP- Good Old Raisins and Peanuts) with M&M's, mixed nuts and raisins. Separate into a daily allotment in baggies so you don't overeat on it during any single day. It's great stuff, but real boring by day 3 or 4. So mix it up with some pretzels, other nuts, crackers, sesame sticks, malt balls, dried fruit, cheese, etc. for longer trips.
- For a warming breakfast, take along a few flow-through coffee and tea bags, instant coffee packets, spiced cider packs or hot chocolate.
- You have lots of powdered soup options to choose from - dump the containers and repackage in baggies.
- Look for tuna fish in foil pouches. The packets cost more, but weigh less than a can. Note there is usually a lot of water weight in the pouches, so don't carry more than 1 or 2.
- Bread is OK for a few days, but prone to crushing. Try tortillas instead.
- Peanut butter is great on backpacking trips - take it out of the jar and put in a baggie. Cut one corner off so you can squeeze it onto your bread without using a knife, then store that cut bag into another baggie.
- Some hard sausages and cheeses will keep for several days on the trail; keep well-sealed in your pack and eat first.