College and Career Initiatives

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School Counseling Department

DREAM IT! DO IT!

- Mission Statement:
  The School Counseling Department at Mount Everett Regional School works to offer a stimulating counseling program that will empower all students to maximize his or her potential for success. The Mount Everett Regional School Counseling Department focuses on communicating to instill knowledge, confidence, and humanity, while providing a safe, respectful and engaging environment in which all students can learn and find success. Our mission is to prepare our students for the challenges of global citizenship in a rapidly changing and increasingly competitive world. The Mount Everett School Counseling Department is committed to creating an environment for learning that advances intellectual growth, creative thinking, relationships, and ethical behavior.

- Vision Statement:
  The School Counselor Department of Mount Everett Regional School works to offer a stimulating counseling program that will empower all students to maximize his or her potential for success. The Mount Everett Regional School Counseling Department focuses on communicating to instill knowledge, confidence, and humanity, while providing a safe, respectful and engaging environment in which all students can learn and find success.

MASCA Model

- Over the past two academic years the school counseling department has developed programming based on the Massachusetts School Counselors Association's MA Model for Accountable, Comprehensive School Counseling Programs. (Ma Model 2.0)
- MA Model 2.0 components:
  - Foundation
  - Accountability
  - Management
  - Delivery

MA. Model 2.0

- Foundation
  - Framework and resource to create school counseling programming that helps districts accomplish the following:
    - Increase career development education
    - Decrease discipline referrals
    - Increase attendance rates
    - Increase MassCore completion rates
    - Increase 4 and 5 year high school graduation rates
    - Increase enrollment and persistence in post-secondary education
    - Decrease the need for remediation in post-secondary educational settings
- Accountability
  - School Counselor Evaluation
  - Measuring Student Outcomes
  - Disseminating results
  - Evaluation Tools to Guide Program Modification
    - Massachusetts school counselors must collect and analyze data that demonstrates how the counseling program supports student achievement and school improvement, as well as college and career readiness.

MA. Model 2.0

- Management
  - District Collaboration Level of Management
  - School/Program Level of Management
    - Data
    - Evaluations
    - Use of time
    - Curriculum tools
    - Program Advocacy
- Delivery
  - Direct and Indirect Services
  - Tiered Interventions
  - Tiered School Counseling Charts

School Counseling Curriculum Maps

- All lesson plans are aligned with American School Counselor Association (ASCA) National Standards, ASCA Mindsets and Behaviors for student success and Massachusetts Career Development Education (CDE) Benchmarks.
- Individual Learning Plan's (ILP)
  - DESE suggest that all students develop and maintain personal individual learning plans to facilitate fluid movement into the workforce and viable careers.
- Naviance
  - All students and parents have access.

7-9 Curriculum Map

	6-7 Transition	7th Grade	8th Grade	9th Grade
Academic	• Foreign Language Introduction • Math Options • Music Electives Options • Study Skills opportunity • Expectations of a Middle School Student. • Step-up Day	• School Handbook Review / what is school counseling? • Naviance Log In / Creation of ILP • What do you know? • How I learn (listening, seeing, doing) • My Definition of Success • Getting Involved • Getting Ready For College • What College Costs • What have you learned?	• What are my strengths / skills? • What do you know? • Program of studies / 4 year plan / transcript & GPA / What is MassCore • Success, Risk & Failure • Facing Fears About College • What do Colleges Require? • My Financial Aid Options • Time Management • My High School Preview • My Summer Enrichment Plan • What have you learned?	• What do you know? • My Foundation • Mastering Homework • My Learning Style (Visual, Aural, Verbal, Physical, Logical, Social, Solitary) • Working With My Teachers • Choosing Courses • How To Pay For College • Anatomy of a College Application • What Have You Learned?
Career / Workplace Readiness	• Pre-vocational options & pathways	• Naviance log in / Creation of ILP • Career Cluster Activity • Pre-vocational course options & exploration • Wear Your Gear Day / Alumni Day • Habits for success • What are the rules? • Teamwork • Career Scavenger Hunt • Exploring My Options	• Working Through Success • Wear Your Gear Day / Alumni Day • Connecting Interests and Careers • What's Your Road? • My Career Path • Updates / Changes To ILP	• Exploratory Days in culinary, carpentry & stem. • Employability Skills Workshop • Wear Your Gear Day / Alumni Day • My Life's Work • My Career Clusters • My High School Resume • My High School Plan • Beginning My College Search • Updates / Changes To ILP
Personal / Social	• A day in the life of a middle school student / Student Led Panel on social and behavioral expectations	• Character Education Lesson / Personal Responsibility / Advisory Curriculum • Listening To Myself • What Makes Me Unique? • Overcoming Obstacles • How I learn • My Definition of Success • Understanding My Interests • My Future Plans	• Character Education Lesson / Social Responsibility / Advisory Curriculum • Reimagining Success • My Personal School Support Network • Decision Making • Talking With My Family	• What to expect in 10th grade. • My Strengths Explorer • Setting Goals • Teamwork

10-12 Curriculum Map

Grade	Academic/Technical	Workplace Readiness	Social/Emotional	Transitions
10	• Buying into Education • PSAT • Transcript Review - H.S Rec's - College Appeal	• Foundation skills of employment • Job Shadow Day • Career Clusters • Interviews – How to Naviance	• What do you know • Participating in my life • Alumni Day • My Success Habits	• Junior Year expectations
11	• Transcript Review - Personal • College Match/Search • PSAT/SAT • Academic Rigor	• Interviews Cont. • Finances / Debt. • Resume Writing • Labor Market Trends • Career Goals	• What makes me Unique • College Fit • Interest Inventory • Alumni Day	• Senior Year expectations • Summer experiences
12	• College Board/ Naviance Link • Applications • AP Exams	• Being Career Ready • FAFSA • Scholarships	• Letters of Rec • Alumni Day • Eng. Classes: College Essays and Resumes •	• Success in life/college

February 2017 Publication

- Our Alumni/ Wear your Gear day was published in the MASCA Counselors Notebook on February 2017.
- Career Activities Corner: K-12 College and Career Readiness Activities
  - Alumni Day.
  - Wear your Gear.

College & Career Initiatives

- College Representatives visit Mount Everett every Fall.
- School Counseling office brings students to the annual College Fair in the Fall.
  - Students are encouraged to attend the fall College Fairs hosted by Hotchkiss School and the Big- E as well as the spring fair at Monument Mountain.
- College visits are organized through the School Counseling office, National Honors Society and Student Government
- Additional College tours are set up by student interest and funded by the Perkins Grant. This year students will visit Fashion Institute of Technology and Culinary Institute of America.

Job Shadow Day & Internship Experiences

- All 10th Grade students participate in Job Shadow Day
- Fundamental Skills for Employment.
- Interviewing Host for Job Shadow day.
- Work Based Learning / Internship Opportunities
- Berkshire County Regional Employment Board

Career Speaker Series

- The School Counseling Department has worked collaboratively with the Dean of Students to create a career speaker series for our junior and senior classes.
  - The Goal – to expose students to interactive presentations by various professionals representing a diverse array of careers.
  - To date:

September – Banking and Finance. **–**
October –Law Enforcement **–**
November **-** Law and Legal Services **-**
December - Alumni Day Event - National Guard STEM Robotics Challenge
January - Construction and Excavation **-**
February – Job Shadow day
April – Covestro – New England Institute of Technology
May – Race Mountain Tree Service - Career fair in conjunction with Health Fair

May 2018 Publication

- **We received confirmation that this lesson plan will also be published in the MASCA Counselors Notebook.**

- **Presenting at the Spring '18 MA Model 2.0 for Comprehensive School Counseling Programs in Action.**

Expansion

- Involve Middle School in Career Speaker Series.
- Have more women represented.
- Look for more opportunities in STEM Internships.
- Curriculum Delivery.
- Increased Faculty Collaboration.