What Counts as a Reimbursable Lunch?



Benefits for Students:

-Students learn how to build a balanced meal, a

lifelong skill important for healthy living.

-Research shows when a child’s nutritional

needs are met, the child is more attentive in

class, has better attendance, & fewer

disciplinary problems.

-USDA research shows children who

participate in National School Lunch Programs

eat healthier compared to those who do not

participate.

-School districts participating in the National

School Lunch Program are required to have a

wellness policy which addresses obesity,

promotes healthy eating, and encourages

physical activity among students.

FOR PARENTS

-School lunch offers parents a convenient way to provide a nutritious lunch for their children at the lowest possible price. If all five components of a meal were purchased separately it would cost $4.50, but when purchased as a reimbursable meal it would cost $2.75.

-This saves $8.75 per week. That is about $317 dollars saved over the whole school year!